

Sports and grape harvest



3 days/2 nights

Friday: Welcome to our home town

Sandrine & Geneviève will be greeting you personally at the airport or city centre of Lyon, before taking you to your accommodation place <http://www.demeurebouquet.com>. Your hosts will show you round their stylish mansion and share a welcome lunch with you.

Then Max Reure and his chefs from the restaurant Le Petit Prince in Saint Alban les Eaux <http://www.restaurant-lepetitprince.fr> will welcome you to their delightful house at the heart of a quaint village and share with you some of their culinary secrets during a cooking workshop. There, a visit to the wine cellar is an absolute must: you will be tasting various wines, while listening to the explanations of the sommelier.

To end this first day beautifully, enjoy the meal you have prepared yourself in one of the alluring rooms of the restaurant.

Then back to Demeure Bouquet <http://www.demeurebouquet.com> for a sweet night in a cosy and peaceful guestroom.

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Saturday: grape harvest feast

After breakfast in the garden of Demeure Bouquet, <http://www.demeurebouquet.com> meet Edgar and Marc-Antoine Pluchot, the dynamic owners of the wine estate called *Le Retour aux Sources* located in Saint Alban les Eaux. The two young winegrowers invite you to a day dedicated to the 'vendanges' or grape harvest, which is always a fundamentally convivial time of year in winegrowing areas. You will harvest, observe vinification and ask all the questions you may have about producing this beautiful nectar. You will taste different types of wine, enjoy lunch and dinner with the locals, and experience this unique festive atmosphere linked to this typically French event.

In the afternoon, you will have the possibility to take a tour around the Côte

Roannaise vineyards.

In the evening, enjoy a fantastic albeit simple meal, served with wine aplenty, in the company of Edgar, Marc Antoine and their companion harvesters – everyone can sing and dance if they wish to!

Back to Demeure Bouquet <http://www.demeurebouquet.com> for a restful night.

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Sunday: bicycle ride

In order to start the day well, you will take a hearty breakfast in the garden or dining room of this charming house.

Then, accompanied by Vincent, your cyclist/guide, you will explore the delights of our region: villages with character, churches, buildings with a history, magnificent views, lush and brightly-coloured nature, unspoilt pathways through the woods, tranquil or buoyant rivers and all other little secrets which Vincent will share with you.

Back to Demeure Bouquet <http://www.demeurebouquet.com> for a well-deserved lunch: simply take the time to appreciate local wines and dishes. Later in the afternoon, it will be time to drive back to Lyon with Sandrine and Geneviève.